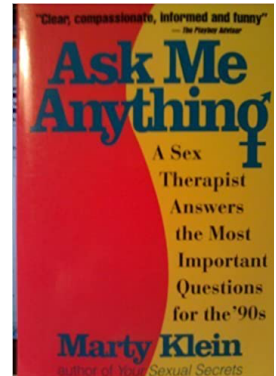


**"Ask Me Anything:
A Sex Therapist Answers
the Most Important
Questions for the '90s."**

Author Marty Klein

PhD, Certified Sex
Therapist and Licensed Marriage
and Family Therapist for 34 years



Question #210 from "Ask Me Anything," page 119

**210. Don't think I'm stupid, but do women really touch themselves?
Do they use their clitoris, vagina, or G spot?**

Yes, women masturbate almost as frequently as men. In addition to their hands, women also use running water, pillows, dildoes, and vibrators. And fantasy. According to the *Hite Report*, most women favor either the clitoris or vagina; a few enjoy both equally.