"Ask Me Anything: A Sex Therapist Answers the Most Important Questions for the '90s."

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Question #26 from "Ask Me Anything," page 23

26. Although my vagina smells bad, my new boyfriend likes to give me oral sex. What should I do? Should I use one of those female deodorants?

Since your boyfriend isn't complaining, how do you know that your vagina smells bad? I don't like the smell of broccoli, but that doesn't mean *it* smells bad.

The vagina is a self-cleansing organ, like the eye. A healthy one is clean, and it smells like living tissue—not like flowers or "spring," as the deodorant ads imply. Your boyfriend may *love* your healthy smell and taste, even if you don't.

If you believe you smell bad, see a gynecologist, who will either treat whatever vaginal problem you have or tell you you're healthy. Either way, do *not* let *any* female deodorant product within 100 yards of your vagina. Because they alter the vagina's delicate chemical balance, *they can be dangerous*.