"Ask Me Anything: A Sex Therapist Answers the Most Important Questions for the '90s."

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Question #443 from "Ask Me Anything," page 244

443. Okay, it's not the end of the world if you lose your erection. But what are you supposed to do when it happens?

Stay physically close, keep your sense of humor, and talk about how uncomfortable you feel. Then, if you're both in the mood, resume sex, with or without an erection.

Yes, it does sound simple. It is simple. Losing your erection doesn't have to mean losing your mind.