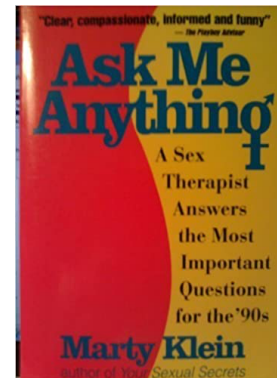


**"Ask Me Anything:
A Sex Therapist Answers
the Most Important
Questions for the '90s."**

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Question #407 from "Ask Me Anything," page 225

407. What is a bisexual? Isn't that someone who refuses to admit what he really is?

A bisexual is someone who can enjoy sex with both genders. This, says Woody Allen, doubles the person's chances for a date on Saturday night. Some bi's are open to both genders equally, while some prefer one sex and have partners of the other sex less frequently.

Are bisexuals confused or stubborn? Neither. Many sexologists believe there are two kinds of bisexuals. The first is one whose sexual identity, for whatever reason, is not yet fixed. The second is one whose sexual identity is fixed; it just happens to include both genders. Neither of these is the same as someone denying what he or she "really is."

Either way, bisexuality is a viable sexual identity shared by millions of people. It is as valid as a homosexual or heterosexual identity.