"Ask Me Anything: A Sex Therapist Answers the Most Important Questions for the '90s."

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Question #508 from "Ask Me Anything," page 278

508. What exactly is date rape?

Date rape (or acquaintance rape, or acquaintance assault) is forced sex between people who already have some sort of social relationship. A common scenario is the following: Two people go out and have a nice time. He's interested in sex, she isn't, and he pushes and insists until he forces her or she acquiesces out of fear or disgust.

A variant of this scene involves alcohol. The couple is having fun and drinking. When he initiates sex she resists, but the alcohol weakens her ability to withstand his pressure, both physically and mentally.